

Top Tips for Making Progress in PE

- Practice, practice, practice!!!! You can do this in lesson but also, really importantly, by attending all flexible learning opportunities available.
- Discuss with parents how you perform new skills learnt in lessons in different sports
- Follow Home Learning activities to develop knowledge in relation to Sports Leadership and GCSE courses later in PE.
- Play different positions and try taking on an officiating role so you learn all about the different activities.

Challenge Beyond of the Classroom

- Join a weekend/evening club to develop you skill level (see links)
- Watch the sport you are studying and look to analyse the skills you are learning

Useful websites

Football

Wetherby Athletic Junior FC - <http://www.wetherbyathleticjfc.co.uk/>

Kirk Deighton Rangers FC - <http://www.kdrjfc.co.uk/>

Collingham Juniors FC - <http://www.collinghamfc.co.uk/>

Bardsey Juniors FC - <http://www.clubwebsite.co.uk/bardseyjuniorsfootballclub>

Whinmoor Juniors FC - <http://www.whinmoorjuniors.co.uk/>

Hockey

Harrogate Juniors Hockey - <http://www.harrogatehockey.co.uk/juniors>

Boston Spa Hockey Club - <http://www.bostonspahockey.co.uk/j/default.html>

Rugby Union/League

Wetherby RUFC - <http://www.wetherbyruffc.com/>

Squash

Collingham and Linton Squash and Racquet Club - <http://calsa.co.uk/>

Tennis

Wetherby Castlegarth tennis club - <http://www.wetherbytennis.org.uk/>

Athletics

Wetherby Running AC - http://www.wetherbyrunnersac.co.uk/showscreen.php?site_id=117&screeentype=site&screenid=117

Cricket

Wetherby Cricket Club Juniors - <http://www.pitchero.com/clubs/wetherbycricketclub/j/default.html>

Kirk Deighton Cricket Club - <http://www.pitchero.com/clubs/kirkdeighton/>

Bardsey Cricket Club - http://bardseycc.play-cricket.com/website/web_pages/13057

Collingham Cricket Club - <http://collinghamcc.co.uk/>

Spofforth Cricket Club - <http://spofforthcc.com/junior-cricket/>

Golf

Wetherby Junior Golf - <http://www.wetherby-golf-club-juniors.co.uk/about-us/>

Martial Arts