



Top tips for Making Progress in Performing Arts

People often believe that if you are good at Performing Arts, you were born with some special talent. Anybody who is good at Creative Arts knows that they have an interest in Performing Arts; they try really hard and practice in their spare time. Performing Arts is like many things in life...the more you try, the better you get. So, top tip to make progress is simply to keep trying and be resilient when something doesn't quite go to plan; All artists have 'off moments', just like a writer can have 'writers block' or a famous footballer doesn't score any goals for a while. Your progress will also be helped by the following:

- use a variety of dramatic conventions to explore ideas, issues, texts and meanings;
- use different ways to convey action, character, atmosphere and tension in scripting and performing plays
- appreciate how the structure and organization of scenes and plays contribute to dramatic effect;
- have the confidence and ability to show your thoughts and feelings through acting.
- learn how to work with others
- create and take part in improvised scenes in order to explore issues;
- Play someone other than yourself during your performance
- know how to structure dramatic sequences in order to convey meaning;
- be aware of the need for dramatic conventions (eg. light, dark, movement, pause, sound, silence);
- Start to use drama terminology when discussing your work
- explore the variety of human emotions through drama;
- learn to listen and concentrate;
- learn to respect and where appropriate, depend on, others (e.g. trust skills);

Challenge outside of the classroom

- Looking at Portraits (drawing or painting faces) is a very good way of improving your art. There are lots of measurements and structures in a face that will encourage you to look a little closer when drawing them; these techniques (measuring) will also transfer into drawing anything else.