



Wetherby High School Canteen

All our food is prepared from scratch each day on the premises by our experienced kitchen team, in conjunction with a local Michelin guided restaurants, using only the finest quality ingredients, using local suppliers wherever possible.

Week 3	Option 1	Option 2	Sides	Desserts
Monday	Spaghetti Bolognese Veggie pasta	Peri peri chicken rice	Garlic Bread Salad	Vanilla sponge with custard Smoothies
Tuesday	Roast dinner day Locally sourced meat	Chicken pie Veggie pie	Mash Yorkshire puddings Steamed vegetables	Marble sponge Meringue mess
Wednesday	Battered cod	Spanish Omelettes	Twice cooked chips Pease and curry sauce	Fruit salad Apricot cookies
Thursday	Pulled pork	Pulled beef Filo tarts	Warm bread baps Veg selection	Carrot cake Chocolate mousse
Friday	Chicken Korma	Filled meat and veggie burritos	Rice and veg	Chocolate orange sponge Milkshakes

Available everyday

Selection of baguettes and sandwiches

Oven baked Jacket potatoes

Soup of the day

ALLERGIES AND INTOLRANCES: All allergies are catered for. Menus can be sent via email highlighting allergies. Please email agonzalaz@wetherbyhigh.co.uk for further information.