



Wetherby High School Canteen

All our food is prepared from scratch each day on the premises by our experienced kitchen team, in conjunction with a local Michelin guided restaurants, using only the finest quality ingredients, using local suppliers wherever possible.

Week 1	Option 1	Option 2	Sides	Desserts
Monday	Spaghetti Bolognese Veggie pasta	Spicy tomato chicken breast with rice	Garlic bread Steamed vegetables	Apple crumble Milkshakes
Tuesday	Roast dinner day Locally sourced meat	Pie of the week	Mash Yorkshire puddings Roast vegetables	Sponge and custard Filled tarts
Wednesday	Selection of different hot fillings served with tortilla wraps	Mixed vegetables and Quorn filling	Salads and sauces	Fruit salad Cookies
Thursday	Chicken Korma Vegetable curry	Salmon teriyaki	Rice Green beans	Sponge and custard Smoothies
Friday	Beef chilli Veggie chilli	Pasta bake of the week	Rice Salad selection	Flapjack Milkshakes

Available everyday

Selection of baguettes and sandwiches

Oven baked Jacket potatoes

Soup of the day

Selection of Paninis available all day every day from our kiosk.

ALLERGIES AND INTOLRANCES: All allergies are catered for. Menus can be sent via email highlighting allergies. Please email agonzalaz@wetherbyhigh.co.uk for further information.

