WETHERBY’S SKI SUCCESS

On Friday 13th Feb 63 students and 9 staff embarked on a 31 hour journey to Italy to have some fun on the slopes!

One doctor’s trip, two hospital trips a helicopter ride, a set of crutches and a box of antihistamines later we all returned safely. More to follow next week!

What a delightful, well-behaved and well-mannered set of young people we took with us though. They did WHS proud!

Miss Nash

We do not imitate, but are a model to others.

Pericles
LOST PROPERTY AMNESTY

Please come and check lost property in the Hall on Tuesday 3rd March at break-time.
There are lots of items in lost property so please attend if you think you have lost something.
Remember to keep hold of your belongings.

Mrs Hopkins

THE WETHERBY COACHING CHRONICLE - AT A GLANCE
ISSUE 23

RED NOSE DAY
Friday 13 March

RED NOSE DAY IS COMING
FRIDAY 13TH MARCH

HAVE A LOOK AT THE CHRONICLE NEXT WEEK, AND LISTEN UP IN ASSEMBLY FOR MORE DETAILS.
MISS NASH

HOCKEY NOTICE

Calling all Yr10/11 Girls’ Hockey players
Our matches have been arranged so please note the following dates.
Mon 9th March Training Horsforth
Mon 16th March (away) Horsforth
Mon 23rd March (home) Roundhay

THURSDAY MARCH 5TH

Book Day 2015 is fast approaching and it is a great opportunity for everybody in the school, both staff and pupils, to get involved.

It is a time to promote a love of reading and to develop literacy skills across the curriculum.

WORLD BOOK DAY
5 MARCH 2015
**THIS WEEK’S HOUSE POINTS**

**TOP COACHING GROUPS**

Mrs Montgomery (465)
Mrs Brown (205)
Mr Alexander (179)
Mr Farrer (177)
Mr Rawson (170)
Mrs Waddoups (168)
Mrs Wallace (161)
Mr Prentice (159)
Mrs Parish (144)
Mrs Chapman (144)
Fair-trade is about supporting farmers and workers in the developing world to transform their lives. This includes helping them to get fairer prices and money being invested in their communities, businesses and futures. 97% of the UK’s young people recognise the Fairtrade mark and it’s the biggest and best known ethical label.

**FAIR-TRADE FORTNIGHT 2015**

23RD FEBRUARY UNTIL 8TH MARCH

Fair-trade Fortnight, organised by the Fairtrade Foundation, runs from 23 February until 8 March. The aim of the fortnight is to raise awareness of the issues surrounding fair-trade. The theme this year is cocoa and this is the most important ingredient in one of our favourite treats—chocolate.

There will be activities in your coaching group and around school over the next week.

There is also a competition, could each coaching group collect as many Fairtrade labels as they can.

DEADLINE MONDAY 9 MARCH

Send to Miss Yates please.

90% of the world’s cocoa is grown on small family farms by around 6 million farmers. Cocoa trees only grow in tropical areas where it is hot and humid and there is lots of rain. This includes places in South and Central America, Africa and parts of Asia. The cocoa is harvested twice a year and it is hard work to produce the cocoa beans. An example of how the fair-trade premium has helped farmers with their hardship is in the Dominican Republic. The farmers can now bring piped water in to their homes and no longer have to walk 4 km each way to get water from a stream.

We are a ‘Fair-aware School’, having been awarded this status from the Fairtrade Schools Organisation last year. This is the first stage of the Fairtrade Schools Award and we worked together as a community to explore fair-trade issues.

Fairtrade fortnight is a great opportunity to reflect on these issues again and think about how we can transform farmer’s lives. We look forward to renewing our status again this year.

(Facts and Figures are from the Fairtrade Schools Organisation) Miss Yates
Chinese New Year

In Chinese culture the spring festival is regarded as the most important festival of the year. Chinese New Year’s Day is celebrated on Thursday 19 February and the Spring Festival lasts for 15 days. It ends with the full moon on the day of the Lantern Festival.

Each year in the Chinese calendar is represented by one of the 12 animals of the Chinese zodiac. According to legend a long time ago the Jade Emperor ordered animals to have a swimming race. The first twelve animals would become the animals of the Zodiac and the order the animals finished in the story set the sequence of the animals for each year.

The traditional Chinese Calendar is calculated according to the moon and it is a lunar calendar. Depending on the year you are born, you are believed to have various character traits of that year’s animal. There are many celebrations and traditions during the festival. Red is a lucky colour and many of the decorations associated with Chinese New Year are red and gold. Families hold reunions at this time and children are given red envelopes containing money. The ‘lion dance’ and the ‘dragon dance’ are seen during this time. The lion represents strength, fearsomeness and benevolence and the dragon represents power, wisdom, dignity and good luck.

2015 is the year of the Sheep/Goat. Goats tend to be polite, loving, kind-hearted, gentle and calm, and can always be counted on when you need a friend.

Jessica Prentice

LET THE SQUASH GAMES BEGIN!

Last Wednesday, 7 students ranging from Year 7 to Year 11, travelled to Collingham Squash Club to experience the electric energy of squash.

These students played stunningly, going head-to-head with each other and learning new vital skills to help them progress. Some of the students described this experience as “exciting and fast-paced”. Squash is a racquet sport, much like tennis, which is played either by played by two opponents (singles) or four, (doubles).

It is played on a four walled court with a small, hollow rubber ball in which the players have to alternate in hitting the ball in any direction on the four walls. Sounds easy?

Come and join us!

Squash takes place every Wednesday from 2:00 to 4:00, bring you P.E kit and get ready to play hard!

Miss Yates
With a peak elevation of 29,035 feet (8850 meters), the top of Mount Everest is the world’s highest point above sea level. Mount Everest is located on the border of Nepal and Tibet, China. Mount Everest is located in the Himalayas, a 1500 mile (2414 kilometer) long mountain system.

Indian surveyor Radhanath Sikdar, part of the British-led Survey of India, determined in 1852 that Mount Everest was the tallest mountain in the world and established an initial elevation of 29,000 feet. Mount Everest was known as Peak XV by the British until it was given its current English name of Mount Everest in 1865. The mountain was named after Sir George Everest, who served as the Surveyor General of India from 1830 to 1843.

Local names for Mount Everest include Chomolungma in Tibetan (which means “Goddess mother of the world”) and Sagarmatha in Sanskrit (which means “Ocean mother.”)

The peak of Mount Everest has three flat sides; it is said to be shaped like a three-sided pyramid. Glaciers and ice cover the sides of the mountain. In July, temperatures can get as high as nearly zero degrees Fahrenheit (about -18 Celsius). In January, temperatures drop to as low as -76°F (-60°C).
LATITUDE

When looking at a map, latitude lines run horizontally. Latitude lines are also known as parallels since they are parallel and are an equal distant from each other. Each degree of latitude is approximately 69 miles (111 km) apart; there is a variation due to the fact that the earth is not a perfect sphere but an oblate ellipsoid (slightly egg-shaped). To remember latitude, imagine them as the horizontal rungs of a ladder (“ladder-tude”). Degrees latitude are numbered from 0° to 90° north and south. Zero degrees is the equator, the imaginary line which divides our planet into the northern and southern hemispheres. 90° north is the North Pole and 90° south is the South Pole.

LONGITUDE

The vertical longitude lines are also known as meridians. They converge at the poles and are widest at the equator (about 69 miles or 111 km apart). Zero degrees longitude is located at Greenwich, England (0°). The degrees continue 180° east and 180° west where they meet and form the International Date Line in the Pacific Ocean. Greenwich, the site of the British Royal Greenwich Observatory, was established as the site of the prime meridian by an international conference in 1884.

HOW LATITUDE AND LONGITUDE WORK TOGETHER

To precisely locate points on the earth's surface, degrees longitude and latitude have been divided into minutes (') and seconds ('). There are 60 minutes in each degree. Each minute is divided into 60 seconds. Seconds can be further divided into tenths, hundredths, or even thousandths. For example, the U.S. Capitol is located at 38°53'23"N, 77°00'27"W (38 degrees, 53 minutes, and 23 seconds north of the equator and 77 degrees, no minutes and 27 seconds west of the meridian passing through Greenwich, England).
DEFINITION OF A ROLE MODEL

...A PERSON LOOKED TO BY OTHERS AS AN EXAMPLE TO BE IMITATED

What makes a good role model?
According to a recent study these are the five top qualities teenagers came up with when asked to complete a survey on what makes a good role model.

1. Passion and Ability to Inspire
2. Clear Set of Values
3. Commitment to Community
4. Selflessness and Acceptance of Others
5. Ability to Overcome Obstacles

Can you think of any others?
Now pick someone who you think has those qualities and explain how they affected you. Your coach can photocopy this page for you.

ROLE MODEL
Write down who the role model you have chosen is and in the right hand box next to the qualities explain how you think they show these qualities. The 6 and 7 boxes are for any other qualities you think are important.

1. Passion and Ability to Inspire
2. Clear Set of Values
3. Commitment to Community
4. Selflessness and Acceptance of Others
5. Ability to Overcome Obstacles
6
7
YEAR 10 AND 11
REVISION INFORMATION

Which revision method works for you?
GCSE Pod (also relevant to year 10)
Have you accessed GCSE Pod and listened to a topic to help you revise?
Have you downloaded GCSE pod as an App on your phone/tablet?
If you have not yet logged in please don’t miss out.
If you are having any technical issues please see Mr Sullivan who will be able to help.

Miss Dodd

YEAR 11 FLPS
(FLEXIBLE LEARNING PROGRAMMES)

These programmes are there to support you with revision for each subject area but also to develop different ways of revising.

There are 12 different ways to revise in each booklet and they are designed to keep revision interesting and fun. Find a few methods which work for you early enough to use them over the exam period.

You should now have a booklet for every subject you take. If you haven’t please ask your teacher for one. If you need another copy, just ask for one.

Please remember to regularly complete the work and hand it in to your teacher for marking and receive ‘EPraise’ points.

If you were to do one a week for each subject area you would be on track.

It’s not too late to start if you haven’t already. Set yourself a target to do a few each week, ask friends to do the same but don’t put it off!

Miss Dodd

Presentation Policy

Did you make an effort to improve the presentation of your work last half term?
How many out of 7 do you routinely do?

Do you now write the date in full on the right hand side of the paper/book? Y/N
Do you always underline your title with a ruler? Y/N
Do you highlight key words using a highlighter? Y/N
When you make an error do you place a neat line through the error only? Y/N
Do you use the right colour of pen? Y/N
Written work will be completed in black or blue ink only.
Unless it is ‘think for pink’, ‘green for growth’, ‘purple for progress’.
‘Pink for literacy marking’.
Do you draw a box around the word DIRT and FLEXIBLE LEARNING (homework) so they are easily identifiable in your books. Y/N
Do you only have a dot on an ‘i’. There should not be circles or hearts! Y/N
APRENTICESHIP OPPORTUNITIES IN AND AROUND WETHERBY FOR SPRING 2015

These are opportunities for you. Mrs McCartney would like anyone interested to read through these pages and then come to speak with her about the vacancies that seem attractive. You need to act fast though as all these apprenticeships have deadlines.

**ALDI** have an apprenticeship scheme for those with 5a-c including Maths and English. If anyone is interested in retail this is a great opportunity for Years 11, 12 and 13. Please see Mrs McCartney for further details.

**Business Admin Apprentice**

MOULDS & CO

The candidate will report to the Practice Manager and assist her in providing administrative and clerical support to the accounting team. The candidate will have a strong customer focus, enjoy meeting and greeting visitors.

- **Distance:** 0.1 miles
- **Closing date:** in 5 days
- **Possible start date:** 16 Mar 2015

**Apprentice hairdresser**

CAPELLI

Successful applicant will be motivated, reliable, outgoing and passionate about becoming a hairdresser.

- **Distance:** 0.2 miles
- **Closing date:** in 2 days
- **Possible start date:** 05 Mar 2015

**1st Line Technical Support Apprentice**

RANDOMSTORM

Estio Training has an exciting new vacancy for a 1st Line Technical Support Apprentice based in Wetherby, West Yorkshire.

- **Distance:** 0.2 miles
- **Closing date:** 09 Mar 2015
- **Possible start date:** 16 Mar 2015

**Apprentice Beauty Therapist**

MEMPHIS BELLE BEAUTY

A fantastic opportunity has arisen for the right candidate to undertake an apprenticeship in Beauty Therapy at a salon in Wetherby assisting qualified therapists, setting up rooms, making appointments and meeting and greeting clients.

- **Distance:** 0.3 miles
- **Closing date:** 01 May 2015
- **Possible start date:** 24 May 2015

**Apprentice Customer Sales Advisor**

SAVE LIVES AT WORK

Want to earn and learn? Save Lives at Work is at the forefront of Health and Safety Training for all businesses across the UK. A brilliant opportunity has arisen for 5 individuals to join part of the sales team at Save Lives at Work. If you think you can

- **Distance:** 0.3 miles
- **Closing date:** 15 Mar 2015
- **Possible start date:** 19 Mar 2015

**Apprentice IT Technician**

HYDRA MANAGEMENT

Estio Training has an exciting new opportunity for an Apprentice IT Technician in Wetherby, West Yorkshire. Hydra Management are looking for an individual to support the Hydra customer base to log, review and resolve reported software issues.

- **Distance:** 0.3 miles
- **Closing date:** 06 Apr 2015
- **Possible start date:** 13 Apr 2015

**Apprentice Financial Administrator**

WOOD FINANCIAL SERVICES

An excellent opportunity for an ambitious individual to provide a smooth and efficient administrative support role at Woods Financial Advisors, a highly regarded firm. The apprenticeship has the potential to become a permanent appointment.

- **Distance:** 0.4 miles
- **Closing date:** 10 Mar 2015
- **Possible start date:** 23 Mar 2015

**Branch Apprentice (Customer Service)**

PLUMB CENTER

Looking for work experience, the opportunity to gain qualifications and develop a career? We want people passionate about customer care to join our apprentice programme. This is a fantastic opening to join one of the UK’s leading employers.

- **Distance:** 0.4 miles
- **Closing date:** in 6 days
- **Possible start date:** 09 Mar 2015

**Retail Sales Apprentice**

CASTLEGATE STATIONERS LTD

To work as part a team on the sales floor and also in the stock rooms assisting with the successful day to day running of the store.

- **Distance:** 0.7 miles
- **Closing date:** 19 Mar 2015
- **Possible start date:** 23 Mar 2015

**Marketing & Digital Marketing Apprentice**

DEANS COMPUTER SERVICES PLC

Exciting opportunity to work in a forward looking marketing department within a busy IT company based in West Yorkshire. You will be working within a busy marketing team supporting in various areas.

- **Distance:** 2 miles
- **Closing date:** 30 Mar 2015
- **Possible start date:** 30 Mar 2015

**Apprentice Pharmacy Assistant**

COHENS CHEMISTS

Whether you are interested in science or medicine, or you enjoy helping customers, and you can work in an organised way, then this may be the apprenticeship for you!

- **Distance:** 2.3 miles
- **Closing date:** in 2 days
- **Possible start date:** 04 Mar 2015
Apprentice Painter and Decorator
G CROSBY DECORATING
Are you creative? Do you want to become a qualified tradesperson? Fancy earning a wage while learning a real skill? If yes to all then please apply now!!!!
Distance: 3.6 miles
Closing date: 20 Mar 2015
Possible start date: 07 Sep 2015

Apprentice Large Format Digital Print and Finishing Technician
THE SOLUTION HOUSE UK LTD
Working for a fast moving display company based near Tockwith, North Yorkshire, to involve all aspects of work involving large format digital print and finishing,
Distance: 3.8 miles
Closing date: 13 Mar 2015
Possible start date: 17 Mar 2015

Sales and Marketing Apprentice
C C P
This role is a sales role but will encompass some Admin duties and essential IT Skills. Sales assistants are at the front line of any fast-paced sector where no two days are ever the same you can expect to liaise with a whole range of people every day.
Distance: 4.3 miles
Closing date: in 4 days
Possible start date: 05 Mar 2015

Hairdressing Apprenticeship
TOCKLOCKS
A fantastic opportunity has arisen for the right candidate to undertake an apprenticeship in Hairdressing at a modern, busy salon in Tockwith assisting qualified stylists with styling and colouring, making appointments and meeting and greeting clients.
Distance: 4.4 miles
Closing date: 29 Mar 2015
Possible start date: 12 Apr 2015

Apprentice chef
THE WHITE SWAN
Working within the kitchen of this gastropub just outside Tadcaster, you will gain an appreciation for a vast range of fresh food and seasonality and get to work with the good Yorkshire produce.
Distance: 4.4 miles
Closing date: 13 Mar 2015
Possible start date: 17 Mar 2015

Apprentice Front of House / Bar Assistant
THE CHEQUERS INN
Duties will include serving customers at the bar as well as table service.
Distance: 4.4 miles
Closing date: 06 Apr 2015
Possible start date: 04 May 2015

Apprenticeship salary
□ In the first year of an apprenticeship:
   ▪ Regardless of age = £2.73 per hour (minimum)
□ Beyond the first year of the apprenticeship:
   ▪ Apprentices aged under 19 = £2.73 p.h. (minimum)
   ▪ Apprentices aged 19 or 20 = £5.13 p.h. (minimum)
   ▪ Apprentices aged 21+ = £6.50 p.h. (minimum)
□ This is of course the minimum amount. Most employers choose to pay more than this due to the level of responsibility which the apprentices will receive.

How to get involved
□ If you are interested in applying for this scheme or would like to find out more, please:
   ○ Call 07712 214 916
   ○ Email leeds.apprenticeship.hub@leeds.gov.uk
On Monday and Tuesday last week, we had a film crew in school making a DVD about Wetherby High school. It is going to be a short DVD for prospective parents of year 5 and 6 students who might make Wetherby their choice of secondary school. Thank you to all staff and students who were involved and supported over the two days. We look forward to seeing and sharing with you the DVD.

Miss Dodd

Thinking and discussing question?

What do you think the statement below is asking you about how to live your life?

Should you live everyday as if it’s your last?
Au pair opportunities
in the USA.
You could be part of the largest au pair organisation in the world and have a chance to experience work and life in America.
Go to www.culturalcare.co.uk for further details and speak with Mrs Rodgers.

Volunteering Abroad
Are you interested in adventure, visiting foreign places learning about other societies? If so you could be suitable for the ‘Volunteer Abroad’ programme. This is an organisation which can involve you in conservation, education and exploration.
For further information go to INFO@FRONTIER.UK

Cardiff University is holding an Open Day on Wednesday 25th March.
To book your place go to www.cardiff.ac.uk/opendays.
Find out what the Universities of Oxford and Cambridge have to offer you at one of eight FREE Conferences.
Below are a list of the locations.

<table>
<thead>
<tr>
<th>Location</th>
<th>Date</th>
</tr>
</thead>
<tbody>
<tr>
<td>Haydock Park Racecourse</td>
<td>Tuesday 17 March 2015</td>
</tr>
<tr>
<td>St James’ Park, Newcastle</td>
<td>Wednesday 18 March 2015</td>
</tr>
<tr>
<td>Edinburgh Corn Exchange</td>
<td>Thursday 19 March 2015</td>
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<tr>
<td>Liberty Stadium, Swansea</td>
<td>Tuesday 24 March 2015</td>
</tr>
<tr>
<td>Edgbaston Stadium, Birmingham</td>
<td>Wednesday 25 March 2015</td>
</tr>
<tr>
<td>Epsom Downs Racecourse, Surrey</td>
<td>Thursday 26 March 2015</td>
</tr>
<tr>
<td>Epsom Downs Racecourse, Surrey</td>
<td>Friday 27 March 2015</td>
</tr>
</tbody>
</table>

Newcastle University is offering Year 12’s the opportunity to experience University life in the form of a summer residential.
The course is called ‘BitesizeUNI’. This course is free to attend. For further details please go to www.ncl.ac.uk/bitesizeuni
DEADLINE Friday 27th March 2015

The University of Leeds’ School of Food Science and Nutrition will be holding a 2 night residential summer school from 30th June - 2nd July 2015 for Year 12 students.
For further details go to www.food.leeds.ac.uk/summerschool
DEADLINE Friday 1st May 2015

YEAR 12
West and North Yorkshire UCAS Fair
There is a UCAS convention at Leeds Beckett University Headingley which will provide information about Higher Educational Opportunities Higher Education fairs and events are an excellent opportunity for prospective students to meet university representatives, discuss issues about degree programmes and university life and pick up prospectuses and other information about Higher Education institutions
Wednesday 18th and Thursday 19th June 2015
9.30am – 3pm Leeds Beckett University Headingley Campus
Please see Mrs Rodgers for further details.
In EastEnders last week, who was revealed to have killed Lucy Beale?
Ian Beale
Cindy Beale
Bobby Beale
Peter Beale

The R&A is the ruling body of which sport?
Snooker
Rugby Union
Tennis
Golf

Which of these is not a UK pedestrian crossing?
Toucan crossing
Puffin crossing
Pelican crossing
Parrot crossing

In which year did Facebook launch?
2006
2003
2004
2005

If Yorkshire is to the North, Derbyshire to the west, Lincolnshire to the south, which county are you in?
Nottinghamshire
Cheshire
Staffordshire
Lancashire

In the 2008 film Bolt, what type of creature is Bolt?
Cat
Dog
Hamster
Pig

How do you spell the name of a state beginning with M?
Massachussetts
Massachusetts
Massachussets

Which song is the theme tune to Hannah Montana?
The other side of me
The best of both worlds
Every part of me
This is the life

In the Wizard of Oz, what happens in Kansas to cause Dorothy to run away from home?
Her aunt accuses her of thieving
Her father threatens to re-home Toto
Her mother is cross because Dorothy has lost a shoe
Toto bites her crotchety neighbour

Who sings the current song “Take me to church”?
Ed Sheeran
Hozier
The Script
One Direction

ANSWERS TO MISS NASH – PRIZES TO BE WON!
ANSWERS FROM LAST WEEK

• I supported Manchester United up until the age of 10 just because my favourite colour was red.
  Mr Alexander
• My great uncle designed the kit-kat wrapper!!
  Miss Jackson
• One interesting fact about me is I have played tennis at Wimbledon!
  Miss Dodd
• I used to work in a Zoo and aided a baby giraffe being born.
  Mr Nightingale
• I speak 4 languages and my birthday is on St Valentine’s day.
  Mrs Gill
• I was a screen double for another child to cover the riding scenes in the 1979 TV series Flambards and have doubled in programmes such as Emmerdale along with some other TV and film work.
  Mrs Maksymowicz
• I am a 2nd Kyu karateka (2 belts below black belt) in Shotokan Karate and competed for my university team in the past. I’m also a natural blonde.
  Mr Prentice
• I coach Archery at a high level.
  Mr Wallace
• I am amazing on the guitar and married a Spanish women to get free holidays!
  Mr Mellor
• I am a proud dad as well as an amazing golfer!
  Mr Crother

Well done to all those who entered and won points for our house

The next quiz was donated by an anonymous member of staff, a keen astrologer who takes great pleasure a gazing into the stars. Good luck naming the 12 constellations.

All you have to do is to name each figure/ sign of the zodiac.

‘epraise’ for each group entered.
3rd place = 5 epraise, 2nd = 10 epraise and 1st = 15 epraise,

Good luck, Mr Nightingale
Role Models

What is a role model? A person looked to by others as an example to be imitated.

Matthew Hayden

Matthew Hayden is my role model.
A cricketer that wears his heart on his sleeve and plays the game with passion. Someone who leads by example and expects the best from all of those around him.

As a young cricketer of 12 years old I was getting into the game when Hayden was starting an illustrious cricketing career. His attitude, effort and the respect that he earned inspired me to take up and develop my enjoyment for the game of cricket.

Who is your sporting role model and why?

What do you think makes them a role model?

How have they inspired you?

Mr Keane
Calling all students we challenge you to guess what these strange inventions could be used for. Submit suggestions to Dr George.

Jacob Russell Josh Warren
Wetherby continue to play against strong opposition, this time the Yorkshire cup finalists!

You would not be able to tell this following the opening 20 minutes. Wetherby forwards dominated the play. The influential KM back from injury drove forward like a raging bull, closely followed by AA with his ‘tailored’ shirt and AS, also donning a similar tightly fitted top, led the pack well. Gaining ground, through a well-supported forward structured game, Wetherby looked the better side. Two good break-away backs tries from PHGS meant the half-time score was 14-0, even though a dropped ball from BR over the line and 90% possession was demonstrated by WHS, this does not make the score sheet.

The second-half was a similar story, although fitness began to tell, and the stronger PHGS backs put together moves to slice open our defence. FC was left blaming glandular fever and 5 pages of Drama revision - he had to do as an excuse! At least DW’s cousin was there to watch F! Captain and MOM SM was phenomenal as flanker while Vice- Captain TO also performed outstandingly well with crashing run after crashing run. These two players epitomised the team’s performance and were a pleasure to watch. LM at full back came into this category with a couple of devastating runs and try saving tackles.

The boys can walk away with their heads held high, although losing to a stronger team overall, they endeavoured until the end, well done lads. Next week sees a visit from King James to our hallowed turf, a mouth-watering high scoring game!

Spectators are welcome.

Mr Nightingale

---

Year 10 Rugby

PHGS 24 Wetherby High School 0 (WED 25TH)

‘Under New Management’

Leeds East Academy 0 Wetherby High School 6

Due to a board decision the previous manager Mr King was asked to rest for a game allowing caretaker manager Mr Nightingale to fill some big shoes. He did it with style. In a shortened game Wetherby started comprehensively, dominating possession, driving forward bolstered by the inspirational Captain JS. LD started the goal ‘fest’ with a clinical finish from outside the box into the top corner, a stroke of class! This was followed with two quick goals from JS and JB. Superb work out wide from SJ kept the pressure on the opposition.

A dubious goal mouth scramble led to Wetherby’s next goal, claimed by JB although suggestions were made of an own goal. They came back from the result of a final touch to JB (scoring 2). A clear decisive team talk, the like the lads were unused to ensured Wetherby’s relentless pressure would continue.

The second-half continued in the same fashion with super sub striker A scoring with almost his first touch. The win was rounded off by MOM LD who scored again completing a great all round performance. Another notable game was had by centre back WH.

Well done boys - back to the main boss next week!

Mr Nightingale
The ‘A’ team beat their main rivals WOODKIRK, with G and R performing superbly well scoring 2-0, a game where controversially Captain MB was in goal!!! Their next match saw Mr B come outfield against supposedly a weaker side in ROUNDHAY, the final score 3-5 defeat! Maybe M should have stayed in goal?? The next match was a routine win with TH continuing to use his rugby style of FUTSAL to dominate the defence. C even made a quick recovery from illness to make it back into team!

The ‘B’ Team played 3 matches loosing 2, one 7-0. A highlight of this tournament was T ‘quick feet Ronaldo’ R beating himself with a ‘step over’ after watching his opponent run around him four times! The second loss was a much closer affair 1-2. A solid 1-0 win even saw the reliable WL come to the fore.

However, due to a lack of teams turning up, the highlight of the evening was Wetherby ‘A’ v Wetherby ‘B’ billed as the H v W big match headline. Following some excellent football and interesting footwork, again from R going around HL, sealed an unlikely victory WHS ‘A’ 7 v 8 WHS ‘B’!!

An enjoyable evening, well done lads.

Mr Nightingale
THIS WEEK’S GOOD READ

THE GIRL ON THE TRAIN
BY PAULA HAWKINS

What’s the book about?
This is a debut psychological thriller that will forever change the way you look at other people’s lives. Rachel takes the same London commuter train every morning. Every day she rattles down the track, flashes past a stretch of cosy suburban homes, and stops at the signal that allows her a short daily watch of the same couple breakfasting on the decking outside their house. She’s even started to feel like she knows these people she sees from the train window every morning. Their lives seem perfect. And then she witnesses something shocking. It’s only a minute until the train moves on, but it’s enough to make her see everything differently.

What I liked about the book.
I loved the way it is written in the first person, almost in the style of a diary with all 3 characters interlinked. It is full of surprising insights and revelations. It makes you think about things differently.

RATING ••••

Book Day 2015 is fast approaching and it is a great opportunity for everybody in the school, both staff and pupils, to get involved. It is a time to promote a love of reading and to develop literacy skills across the curriculum.

You’ll get to see staff in costume on the day (Thursday 5th March) as a character from well known books. All pupils will then have the opportunity to vote for your favourite staff costume (A prize will be awarded to the staff member for this) and pupils will also complete quizzes and competitions around school in order to win prizes (including guessing the costumes that the staff are wearing).

More details about the day are to follow soon. It would be wonderful to see as many members of staff in costume as possible.
SAM, YOU’RE AN INSPIRATION!

Stevenage role model scoops county ‘Oscar’ honours.

A young man from Stevenage who has volunteered at two youth clubs over a seven year period and has also set up a third club in the town has been named Hertfordshire’s Young Person of the Year.

Sam Cayton won the honour against stiff opposition from other amazing young people from across the county at a gala awards ceremony held in the historic mansion house at Moor Park, Rickmansworth.

Judges heard that Sam, 23, of Kilby Road, could also have saved the life of a 12-year-old boy who collapsed.

Others thought the lad had simply fallen but Sam, who is epileptic himself, recognised the boy was having a seizure.

When the boy stopped breathing, cool Sam performed CPR resuscitation, which brought the boy around before paramedics arrived and arranged for him to be taken to hospital.

But the judges, who included Mayor of Stevenage Sherma Batson and the North Herts District Council chairman Tricia Cowley as well as young people, did not award Sam the £800 top prize for his lifesaving skills.

“Saving a life was not the standout reason for this finalist being chosen as the Young Person of the Year,” said the county’s Lord Lieutenant, the Countess of Verulam, who presented Sam with his prize. “It was his leadership qualities and the length of his commitment that shone through.”

The Lord Lieutenant described Sam’s commitment to volunteering for seven years as ‘tremendous’ and added: “He still helps for many hours every week. Lately he has demonstrated leadership by setting up a third youth club.”

Stevenage MP Stephen McPartland, who was another judge, said: “I understand what a huge difference these clubs make and have seen Sam in action myself. He is inspiring and a great role model!”

Sam has helped to run two youth clubs for different age groups at St Hugh and St John Church in Mobbsbury Way, Chells, for seven years.

Even though Sam is not a churchgoer he recently used his experience to establish another youth club at St Peter’s Church in Broadwater, and is still leading this. It’s nice to be involved with a third club and help steer it forward.”

Questions

Why do you think Sam won the award?
What role model qualities did he possess?
Do you see any of Sam in yourself?
Win House points through your coaching group

Predict the outcome of the matches below

<table>
<thead>
<tr>
<th>Place</th>
<th>Points</th>
</tr>
</thead>
<tbody>
<tr>
<td>1st</td>
<td>500 epraise points</td>
</tr>
<tr>
<td>2nd</td>
<td>250 epraise points</td>
</tr>
<tr>
<td>3rd</td>
<td>100 epraise points</td>
</tr>
</tbody>
</table>

Beat Mr King 100 epraise points
All score sheets must be placed in Mr King’s tray in the staffroom before the end of the day on Friday if you are taking part.

### RESULTS FROM WEEK 2  MR KING 6 POINTS

<table>
<thead>
<tr>
<th>Position</th>
<th>Points</th>
<th>Bonus Points</th>
</tr>
</thead>
<tbody>
<tr>
<td>1ST WF</td>
<td>11</td>
<td>500 epraise</td>
</tr>
<tr>
<td>1ST AA</td>
<td>11</td>
<td>500 epraise</td>
</tr>
<tr>
<td>3RD SW</td>
<td>9</td>
<td>100 epraise</td>
</tr>
<tr>
<td>3RD JMA</td>
<td>9</td>
<td>100 epraise</td>
</tr>
</tbody>
</table>

BONUS POINTS FOR BEATING MR KING (6 POINTS) 100 HOUSE EPRASE PTS

<table>
<thead>
<tr>
<th>Player</th>
<th>Points</th>
<th>Bonus Points</th>
</tr>
</thead>
<tbody>
<tr>
<td>BREMNER</td>
<td>(300)</td>
<td>SW (9), MJR (8), HG (8)</td>
</tr>
<tr>
<td>TOMLINSON</td>
<td>(0)</td>
<td></td>
</tr>
<tr>
<td>TRUEMAN</td>
<td>(300)</td>
<td>WF (11), JMA (9), JLA (8)</td>
</tr>
<tr>
<td>ROBINSON</td>
<td>(300)</td>
<td>AA (11), CAH (8), LC (8)</td>
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### FIXTURE

<table>
<thead>
<tr>
<th>Fixture</th>
<th>GK</th>
<th>WEEK 3 2015</th>
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<tbody>
<tr>
<td>Blackpool v Sheff Weds</td>
<td>0-2</td>
<td></td>
</tr>
<tr>
<td>Cardiff v Charlton</td>
<td>1-0</td>
<td></td>
</tr>
<tr>
<td>Derby v Birmingham</td>
<td>2-1</td>
<td></td>
</tr>
<tr>
<td>Huddersfield v Rotherham</td>
<td>2-0</td>
<td></td>
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<tr>
<td>Ipswich v Brentford</td>
<td>1-1</td>
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<tr>
<td>Millwall v Norwich</td>
<td>0-1</td>
<td></td>
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<tr>
<td>Notts Forest v Middlesbrough</td>
<td>1-3</td>
<td></td>
</tr>
<tr>
<td>Wigan v Leeds</td>
<td>1-2</td>
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<tr>
<td>Wolves v Watford</td>
<td>1-1</td>
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</tr>
<tr>
<td>Fulham v Bournemouth</td>
<td>0-2</td>
<td></td>
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