



Physical Education

Year: 9 and 10

"No matter what or where you come from if you work hard at something you can do it"

Mo Farah

OCR Cambridge National Sports Studies certificate level 1 and 2 is a vocational course which is assessed over four units. All areas are assessed through centre based tasks and are OCR moderated apart from unit R015 - Contemporary issues in sports, which is a one hour written exam.

Skills developed

- Sports skills developed through students trying out a range of sports-related skills and techniques, including different practice methods for improving both their own performance and that of others.
- knowledge of the use of tactics and strategies in both individual and team sporting
- Able to carry out a number of officiating roles
- Sports Leadership

Topics covered

- R051: Contemporary issues in sport
- R052: Sports skills
- R053: Sports leadership
- R054: Sport and the media

For more information

Mr G. Clough

gclough@wetherbyhigh.co.uk

