



USEFUL CONTACT INFORMATION

Restorative Early Support Team:

0113 535 1523

East Early Help Hub:

0113 5351899

Felicity Nichols – EPOSS Cluster Leader/Targeted Services Leader:

07873 568533

Caroline Yelland - EPOSS Cluster Family Support Worker:

07711 369838

Michelle Shortland – EPOSS Cluster Counsellor:

07526 172934

Cheryl Robson – Childrens Centre Manager

07545 604311

Please only call if you have a child under 5 Years

Childrens Social Work Services:

0113 222 4403

Please only call if you have a child protection concern.

Childline:

0800 1111

In the event of an emergency please call 999

<https://www.kooth.com/>

Kooth is an online mental health service for Children, young people and adults

<https://www.mindmate.org.uk/>

MindMate has lots of useful resources and ideas to support mental health

<https://www.slcs.org.uk/services/connect-helpline/teen-connect/>

Teen Connect is a helpline for 13-18 year olds

<https://www.childline.org.uk/>

Child line provide advice and support around a range of needs.