

# YOUR MENU

## FRIDAY

Fish Fingers served with Fries & Salad

Penne Pasta  
Tomato Arrabiata

Savoury Beef Swirl

Jacket Potato

Fish in a Bun & Fries

Sandwiches



## THURSDAY

Toad In The Hole with Mash and Fresh Seasonal Veg

Jacket Potato  
Chunky Chicken Chilli

Noodle Pot  
Sweet & Sour Chicken

Jacket Potato with  
Savoury Cheese Filling

Sandwiches

Salad Box



## Wednesday

Cottage Pie Topped with Root Vegetable Mash, Carrots & Peas

Mac & Cheese  
Garlic Slice

BBQ Chicken  
Shredded Lettuce Wrap

Jacket Potato  
Tuna Crunch & Salad

Sandwiches

Pasta Pot (v)

RED TRACTOR STANDARDS



## Tuesday

Ham & Tomato Pizza  
Dirty Wedges

Margherita Pizza  
Dirty Wedges

Indian Style Chicken & Rice  
Burrito

Jacket Potato  
Vegetable Curry

Sandwiches

Salad Box

AVAILABLE DAILY  
YOGHURTS  
AND  
Fresh Fruit

MENUS ARE SUBJECT  
TO AVAILABILITY

Wetherby  
High School

Week 3

## MONDAY

Katsu Chicken with Egg Fried  
Rice & Fresh Vegetables

Sweet & Sour Vegetables &  
Rice (v)

Panini Bar

Jacket Potato  
Cheese, Tuna & Salad

Sandwiches

Salad Box

