

## External Safeguarding Agencies



Agencies	Contact Details	Service Provided
Childline – provided by NSPCC	Website: <a href="http://www.childline.org.uk">www.childline.org.uk</a> Telephone: 0800 1111 Ask Sam – receive support through a message board facility. Text 'Shout' for support on 85258. Contact Childline via SignVideo if you have hearing disabilities.	Access to a counsellor to discuss mental health and wellbeing issues, including being a victim of bullying and low mood.
Duty and Advice	Website: <a href="http://www.leedsscp.org.uk">www.leedsscp.org.uk</a> Telephone: 0113 3760336	For help and advice regarding the safeguarding of children.
Kooth.	Website: <a href="http://www.kooth.com">www.kooth.com</a> Sign-up for a text-based conversation with a qualified counsellor.	A confidential support service focused on well-being and resilience, available to 11–18-year-olds. Kooth provides a safe and secure means of pupils accessing direct support.
MindMate	Website: <a href="http://www.mindmate.org.uk">www.mindmate.org.uk</a>	MindMate covers all aspects of mental health as well as providing a gateway into CAMHS. It provides information for parents/carers, pupils and professionals.
Domestic Violence	Website: <a href="http://www.ldvs.uk">www.ldvs.uk</a> 24-hour helpline: 0113 2460401 Email: <a href="mailto:administration@leedswomensaid.org.uk">administration@leedswomensaid.org.uk</a>	The Leeds Domestic Violence Service provide women and men with choices from a range of community based services, including temporary supported housing, IDVA (independent domestic violence advocate) support, community outreach support, a telephone helpline, drop-ins and support groups.
Domestic Violence	<a href="https://www.leeds.gov.uk/antisocial-behaviour-and-crime/domestic-violence-and-abuse">https://www.leeds.gov.uk/antisocial-behaviour-and-crime/domestic-violence-and-abuse</a>	Leeds Local Authority advice for people experiencing domestic violence.
<b>External agencies that support online safety</b>		
Agencies	Contact Details	Service Provided
Childline – removing online images	<a href="http://www.childline.org.uk/info-advice/bullying-abuse-safety/online-mobilesafety/remove-nude-image-shared-online/">www.childline.org.uk/info-advice/bullying-abuse-safety/online-mobilesafety/remove-nude-image-shared-online/</a>	This website offers support on what to do if a nude image has been shared online.
Childnet	Website: <a href="http://www.childnet.com">www.childnet.com</a>	Childnet has produced a parent and carer toolkit which is a collection of three resources designed to help you talk to your child about their online life, manage boundaries around family internet use and point you in the direction of where to get further help and support.



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NSPCC keeping children safe	Website: <a href="http://www.nspcc.org.uk/keeping-children-safe/online-safety/">www.nspcc.org.uk/keeping-children-safe/online-safety/</a>	This website supports parents with online safety advice and you can read their online safety guides.
NSPCC social media	Website: <a href="http://www.nspcc.org.uk/keeping-children-safe/online-safety/social-media">www.nspcc.org.uk/keeping-children-safe/online-safety/social-media</a>	This website explains why young people use social media and what the risks of social media are for children.
Safety Centre	<a href="https://about.meta.com/actions/safety">https://about.meta.com/actions/safety</a>	A range of advice about safety online.
Internet Matters	<a href="https://www.internetmatters.org/hub/guidance/snapchat-safety-a-how-to-guide-for-parents/">https://www.internetmatters.org/hub/guidance/snapchat-safety-a-how-to-guide-for-parents/</a> <a href="https://www.internetmatters.org/resources/wellbeing-and-safety-on-instagram-advice-for-parents-and-carers/">https://www.internetmatters.org/resources/wellbeing-and-safety-on-instagram-advice-for-parents-and-carers/</a>	Advice for parents/carers and children about how to stay safe on snapchat and Instagram.