Relationships and Sex Education (RSE) Parental Consultation 2025

Frequently Asked Questions

Thank you for taking the time to review our relationships and sex education (RSE) policy. Your feedback, views and thoughts are very much appreciated as we look to work alongside parents and carers to develop our curriculum.

Please find below the questions that were frequently asked in relation to the RSE policy:

* **Where can I find the topics taught in RSE?**

The majority of RSE topics and lessons are covered as part of our PSHCE curriculum. You can find a breakdown of what topics are covered in PSHCE by going onto our school website, choosing curriculum on the top banner, academic curriculum and searching the curriculum information by year group.

* **Do you teach about misogyny, toxic masculinity, casual sexism, toxic masculinity, coercion and harmful relationships?**

Yes, these topics have recently been covered as part of our coaching programme as well as being delivered as part of our age appropriate PSHCE/RSE curriculum. Please view our curriculum overviews to see when and where these topics are covered. Further support and guidance around these topics have also been offered for targeted students by the inclusion and safeguarding teams.

* **Mental health is not covered in your RSE policy**

Mental health does not fall under “relationships and sex education”. We do however cover mental health and wellbeing as distinct topics across all age groups as part of our PSHCE curriculum, as well as in coaching. Further support is also offered to targeted individuals and small groups by the safeguarding and welfare teams.

* **Do you cover topics such as online risks, sharing images online, screen time and the impacts on sleep, mood, wellbeing etc?**

We have recently had a focus in coaching on the impacts of screen time and social media and how these companies use algorithms to direct their users towards certain content. We have looked in detail at the positive and negative impacts of screen time.

Online safety and online risks are topics that are well embedded across our PSHCE curriculum and covered in each year group, building upon students prior understanding. Further work around this is also covered in computing lessons, coaching, by the safeguarding and welfare teams. Students in years 7 have also had an assembly this academic year from an external agency focusing on inappropriate use of social media.

* **Do you cover the dangers of online content such as pornographic material and how these portrayals of sex are harmful?**

Yes, this is a topic we cover in KS4 RSE discussing with students the unrealistic nature of this content and the impact it can have on others.

* **It is important that students are aware that sex is a healthy part of adult life but is best within a marriage/healthy committed relationship.**

Students are taught this information as part of any RSE lessons as per the guidance from the DfE.